

**UNIVERSITY OF WASHINGTON SCHOOL OF NURSING  
CLINICAL PRACTICUM SKILLS FORM**

Name: \_\_\_\_\_

**DIRECTIONS:** Please record your experience with clinical practicum skills on the following pages of this form. At the end of this quarter, be sure to provide a copy of this form for your instructor to place in your file. You may record skills learned in both school and working settings. It is not expected that you will have the opportunity to complete all the skills that are listed. The form is a mechanism to record your level of skill development and to plan future clinical experiences.

Fill in the spaces with the following information:

**Quarter:** A = Autumn  
W = Winter  
S = Spring  
Sum = Summer

**Year:** YY

**Age:** Ad = Adult  
C = Child  
I = Infant

**Learning Experience:**

- 1 = Received instruction
- 2 = Observation in clinical
- 3 = Practiced in clinical with instruction
- 4 = Performed independently

**EXAMPLE**

	1	2	3	4
<b>MEDICATIONS</b>				
<b>GI Routes</b>				
gastric tube	A05Ad	W06C	S06I	Sum06C

Learning Experience	1	2	3	4
<b>AMBULATION</b>				
Cane				
Crutches				
Mechanical lift				
Walker				
Wheelchair				

Learning Experience	1	2	3	4
<b>Bedmaking, occupied</b>				
<b>Bedpan/Fracture pan</b>				
<b>Bedside commode</b>				
<b>Blood glucose monitor</b>				

<b>ASSESSMENT</b>				
Gather sufficient data				
Use open-ended questions				
Use focused questions				
Consider development level				

<b>BLOOD PRESSURE</b>				
Ausculatory gap				
Doppler/Dynamap				
Postural				

<b>BLOOD</b>				
Administration				
Autotransfusion				

<b>BATHS: *(ASSIST WITH)</b>				
*bed bath				
*shower				
*sitz bath				
*tub bath				

<b>BLOOD COLLECTION</b>				
Finger stick				
Heel stick				
Venous puncture				

	1	2	3	4
<b>BODY ALIGNMENT</b>				
Up in bed				
Side-lying				
Logrolling				

<b>Care maps/treatment planning</b>				
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<b>Cast care</b>				
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<b>Cold application</b>				
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<b>Discharge teaching</b>				
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<b>DRAINAGE/SUCTION</b>				
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Hemovac				
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Nasogastric				
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Nasotracheal				
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Pleuravac				
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<b>Elastic Stockings</b>				
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<b>ENGAGING SKILLS</b>				
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Create safe environment				
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Show respect				
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Demonstrate empathy				
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<b>Eye dressing/care</b>				
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<b>FEEDING</b>				
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Bottle				
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Breast				
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Breast milk collection & storage				
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Via gastric tube				
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Via J-tube				
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Via NG				
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<b>Glascow-Coma Scale</b>				
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<b>Guaiaac Test</b>				
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	1	2	3	4
<b>HEAT APPLICATION</b>				
Dry				
Wet				

<b>IMPLEMENTING SKILLS</b>				
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Engaging client in				
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Moving toward goals				
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Getting feedback from client				
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Evaluating accuracy of Nursing diagnoses				
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<b>Incentive Spirometer</b>				
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<b>Intake and Output</b>				
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<b>HEAT APPLICATION</b>				
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Calculation				
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Changing dressing				
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Changing tubing				
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Discontinue				
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Heparin lock				
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Infusion pumps				
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Monitoring				
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Starting				
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Hyperal				
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Intralipids				
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<b>MEDICATIONS</b>				
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<b>Drops/ointment</b>				
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Ear				
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Eye				
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Nose				
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<b>GI routes</b>				
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Gastric tube				
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J-tube				
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NG tube				
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Nipple				
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	1	2	3	4
<b>MEDICATIONS ( GI routes, continued)</b>				
Oral				
Rectal				
Subcutaneous				
<b>Immunizations</b>				
<b>Intradermal</b>				
<b>Intramuscular</b>				
Deltoid				
Dorsogluteal				
Vastus lat				
Ventrogluteal				
Z-track				
<b>Intravenous</b>				
Central line				
Hyperal				
Intralipids				
IV piggyback				
IV push				
<b>Respiratory Routes</b>				
Inhaled metered-dose				
Nebulized				
<b>Topical</b>				
<b>Vaginal</b>				

<b>NG Tube</b>				
Insertion				
Monitoring				
Removal				

	1	2	3	4
Ostomy care				

<b>OXYGEN THERAPY</b>				
Nasal cannula				
Oxygen hood				
Rebreather mask				
Simple mask				
Trach collar				
Venturi mask				

<b>Patient/family teaching</b>				
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<b>PERIOPERATIVE CARE</b>				
Preop				
Intraop				
Postop				

<b>PERSONAL CARE</b>				
Denture				
Hair care				
Nail care				
Mouth care				
Perineal care				
<b>Postmortem Care</b>				

<b>Pulse Oximetry</b>				

<b>PULSE</b>				
Apical				
Radial				
Apical/radial deficit				
Carotid				
Femoral				
Pedal				
Popliteal				

	1	2	3	4
<b>RESTRAINTS</b>				
Belt				
Elbow				
Extremity				
Jacket/vest				
Mitt				
Mummy				

<b>STERILE TECHNIQUE</b>				
Surgical hand scrub				
Sterile gloving				
Surgical garments				

<b>TEMPERATURE</b>				
Axillary				
Oral				
Rectal				
Tympanic				

<b>TERMINATION</b>				
Provides closure				

<b>Tracheostomy care/ suction</b>				

<b>TRANSFER</b>				
Bed to wheelchair & back				
Bed to stretcher & back				

<b>UNIVERSAL PRECAUTIONS</b>				
Hand washing				
Clean gloving				

	1	2	3	4
<b>URINARY CATHETER</b>				
Insert straight				
Insert retention				
Care of client with indwelling catheter				
Bladder irrigation				
Suprapubic catheter				
Irrigation				
Condom drainage				

<b>URINE TESTING</b>				
24-hour specimen				
Acetone				
Clean specimen				
Double-voided				
Glucose				
Sterile specimen				
Voided specimen				

<b>WEIGHT</b>				
Bed				
Chair				
Infant scale				
Standing				

<b>WOUND THERAPY / DRESSING</b>				
Clean				
Dry sterile				
Open method				
Montgomery straps				
Transparent				
Wet-to-wet				
Wet-to-dry				

<b>OTHER SKILLS</b>				