



51851

The Incredible Years Project

University of Washington Parenting Clinic (206) 543-6010

Date / /

Leader 1

Leader 2

Site

PARENT GROUP LEADER CHECKLIST, Year 1

Session Nine: *How to Follow Through with Limits and Rules*

"Discipline Strategies for Child Disobedience and Hitting or Destructive Behaviors"

Handling Misbehavior Part 2: 5 - 8, 2 - 4

Please mark those vignettes shown and discussed. Vignettes in parentheses are optional. Use if you have time.

VIGNETTES COVERED: Handling Misbehavior Part 2

5 6 7 8 (9) 2 3 4

DID I:

- 1. Write the agenda on the board Yes No
- 2. Review parents' home activities; elicit reactions and experiences (to ignoring) Yes No
- 3. Assign new buddies and ask about buddy calls Yes No
- 4. Review the concepts from last week's session (briefly) Yes No
- 5. Leader explains Time Out using Scenarios 1, 2 & 3 Yes No
- 6. Highlight key principles from parents' discussion Yes No
- 7. Time Out Role Plays
 - a. Child goes willing to T. O. Yes No
 - b. Preschooler needs parent's help Yes No
 - c. Child won't stay in T. O. chair Yes No
- 8. Explain this week's home assignment Yes No

SELF-EVALUATION:

"GEMS" OF SESSION

REMINDER OF THINGS TO PURSUE NEXT SESSION