



27848

# The Incredible Years Project

University of Washington Parenting Clinic (206) 543-6010

Date   /   /

    

Leader 1                      Leader 2

Site

## PARENT GROUP LEADER CHECKLIST, Year 1

### Session Eight: *How to Decrease your Child's Inappropriate Behaviors "Ignoring"*

**Limit Setting Part 2: 1 - 8, 14**

**Handling Misbehavior Part 1: 5 - 9 (Ignoring), 14**

*Please mark those vignettes shown and discussed. Vignettes in parentheses are optional. Use if you have time.*

#### VIGNETTES COVERED: Limit Setting Part 2

1    2    3    4    5    6    7    8    (9)    (10)    (11)    (12)    (13)    14

#### Handling Misbehavior Part 1

5    6    7    8    9    (10)    (13)    14

#### DID I:

1. Write the agenda on the board  Yes    No
2. Review parents' home activities; elicit reactions and experiences (to reducing commands)  Yes    No
3. Ask about reading, play times  Yes    No
4. Ask about buddy calls  Yes    No
5. Review group list of behaviors want to see less of (do on board or flip chart)  Yes    No
6. Review the concepts from last week's session (briefly)  Yes    No
7. Review parents' house rules  Yes    No
8. Highlight key principles from parents' discussion  Yes    No
9. Role play Ignore  Yes    No
10. Explain this week's home assignment  Yes    No

#### SELF-EVALUATION:

"GEMS" OF SESSION

REMINDER OF THINGS TO PURSUE NEXT SESSION