45812

The Incredible Years Project

University of Washington Parenting Clinic (206) 543-6010

Date ☐☐ / ☐☐ / ☐☐

☐☐☐☐ Leader 1 ☐☐☐☐ Leader 2

Site ☐☐

PARENT GROUP LEADER CHECKLIST, Year 1

Session Ten: ***Time Out Continued***

Handling Misbehavior Part 2: 14 - 16

Please mark those vignettes shown and discussed. Vignettes in parentheses are optional. Use if you have time.

VIGNETTES COVERED: Handling Misbehavior Part 2 ○ 14 ○ 15 ○ 16

DID I:

1. Write the agenda on the board ○ Yes ○ No
2. Review parents' home activities; elicit reactions and experiences (to Ignore and Time Out) ○ Yes ○ No
3. Ask about reading on losing control, handling stress and anger, and maintaining objectivity ○ Yes ○ No
4. Review the concepts from last week's session (briefly) ○ Yes ○ No
5. Leader teaches complications of Time Out for older child using Scenarios 2B, 2C and 2 D ○ Yes ○ No
6. Highlight key principles from parents' discussion ○ Yes ○ No
7. Role plays of time out. Adding minutes for refusal to go to Time Out ○ Yes ○ No

(8. Discuss and role play Time Out for non-compliance ○ Yes ○ No)

9. Brainstorm advantages (pros) and disadvantages (cons) of spanking and Time Out. ○ Yes ○ No
10. Plan celebration for Session 12 ○ Yes ○ No

SELF-EVALUATION:

"GEMS" OF SESSION

REMINDER OF THINGS TO PURSUE NEXT SESSION