



46075

# The Incredible Years Project

University of Washington Parenting Clinic (206) 543-6010

Date  /  /

## Dina Dinosaur's CHECKLIST - Unit Three

Leader 1

Leader 2

Classroom

**Triceratops Unit Three: Wally Teaches About Understanding and Detecting Feelings**

*Please mark which vignettes and lessons you completed.*

*(n) means narration included.*

*\* Indicates preschool/kindergarten lessons and vignettes (Year 1)*

### VIGNETTES COVERED:

**Dina Program 2:**  1\*(n)  2\*  3\*  4\*  5\*  6\*  7\*  8  9\*  10\*  11\*

12  13  14  15  16\*  17\*  18\*  19\*(n)  20  21  22  25  26  27

28  33  34

**LESSONS COVERED:**  10\*  11\*  12\*  13\*  14  15\*  16\*  17\*  18\*

### DID I

1. Open circle time with predictable routine  Yes  No
2. Talk about Wally's relaxation secrets  Yes  No
3. Put out books about feelings in library  Yes  No
4. Do "show and tell"  Yes  No
5. Role play feeling states  Yes  No
6. Sing feeling songs  Yes  No
7. Review homework activity books  Yes  No
8. Send letter about unit to parents  Yes  No
9. Explain unit to parents when possible  Yes  No



# Dina Dinosaur's CHECKLIST - Unit Three

Leader 1 

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10. Do the following practice activities:

- a. Wally and Molly Listening Color Game  Yes  No
- b. Raggedy Wally  Yes  No
- c. Happy Thought/Place Book  Yes  No
- d. Picture Feeling Collage  Yes  No
- e. Feeling Spinning Wheel Game or Dice or Puzzles  Yes  No
- f. Read books about feelings  Yes  No
- g. Feeling Bingo Game  Yes  No
- h. Feeling Fingerprints  Yes  No
- i. Relaxation Thermometer  Yes  No
- j. Use Nursery Rhymes with feeling discussion  Yes  No
- k. Use Self-Encouragement Bubble  Yes  No
- l. Start Compliment Circle Time  Yes  No
- m. Others (please describe)  Yes  No

11. Promote Concepts by:

- a. Praising children who were following directions and classroom rules  Yes  No
- b. Praising children using their words to express themselves  Yes  No
- c. Describing children's feeling states  Yes  No

## Self-Evaluation and Notes